

The Eleventh Sunday after Pentecost

9:15 AM + August 4th, 2024

Welcome! You are invited to participate fully in our worship. Whoever you are, wherever you are on your journey of faith, welcome!

The Holy Eucharist: Rite Two The Word of God

Prelude: Prélude

Camille Saint-Saëns

Hymn: "Guide me, O thou great Jehovah"

Blue Hymnal 690

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be God's kingdom, now and for ever. Amen.**

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

GLORIA: Glory to God

S280

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Let us pray.

The Collect

Said in unison

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

A Reading from the Book of Exodus 16:2-4,9-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not."

Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'"

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat.

People's response after the reading

Thanks be to God.

Psalm 78:23-29

- 23 So he commanded the clouds above *
and opened the doors of heaven.
- 24 He rained down manna upon them to eat *
and gave them grain from heaven.
- 25 So mortals ate the bread of angels; *
he provided for them food enough.
- 26 He caused the east wind to blow in the heavens *
and led out the south wind by his might.
- 27 He rained down flesh upon them like dust *
and winged birds like the sand of the sea.
- 28 He let it fall in the midst of their camp *
and round about their dwellings.
- 29 So they ate and were well filled, *
for he gave them what they craved.

A Reading from the Letter to the Ephesians 4:1-16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

"When he ascended on high he made captivity itself a captive;
he gave gifts to his people."

(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

People's response after the reading

Thanks be to God.

Hymn: "Eternal ruler of the ceaseless round"

Blue Hymnal 617

The Holy Gospel according to John 6: 24-35

People's response before the Gospel

Glory to you, Lord Christ.

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

People's response after the Gospel

Praise to you, Lord Christ.

The Sermon

The Rev. Sean Maloney

The Nicene Creed

Spoken by all, standing.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son, he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People— Form III *The Leader and People pray responsively*

Father, we pray for your holy Catholic Church;

That we all may be one.

Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to the departed eternal rest.

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

Silence

The People may add their own petitions.

The Celebrant adds a concluding Collect.

Confession of Sin

Celebrant:

Let us confess our sins to God. *(Silence may be kept.)*

Spoken by all :

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf.

Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Absolution

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace *All stand*

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

Announcements:

The Holy Communion

Offertory Anthem: "Break thou the bread of life"

LEVAS II 146

The Great Thanksgiving—*Enriching Our Worship, Eucharistic Prayer 2*

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give our thanks and praise.**

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love.

And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

Celebrant and People

Sanctus: Holy, holy, holy Lord

Blue Hymnal S 128

The people stand or kneel.

Glory and honor and praise to you, holy and living God.

To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God.

Living among us, Jesus loved us. He broke bread with outcasts and sinners,

healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said:

“Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said:

“Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ.

Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those

who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,

for ever and ever. Amen.

The Breaking of the Bread

Fraction Anthem: Christ our Passover

Blue Hymnal S 155

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Communion Music: "I Am the Bread of Life"

Words & Music: Suzanne Toolan

The Postcommunion Prayer

After Communion, the Celebrant says: Let us pray.

Celebrant and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Hymn: "Singing songs of expectation"

Blue Hymnal 527

The Dismissal

Celebrant: Let us go forth in the name of Christ.

People: **Thanks be to God. Alleluia, Alleluia, Alleluia.**

Postlude: Voluntary in G

Henry Heron

Thank you for joining us today!

if you would like to receive our weekly e-bulletin, please contact the church office (aschurch@allsaintschelmsford.org)
To learn more about us, visit <https://www.allsaintschelmsford.org> or call us at 978 256 5673.

1 Guide me, O thou great Je - ho - vah, pil - grim through this
 2 O - pen now the crys - tal foun-tain, whence the heal - ing
 3 When I tread the verge of Jor - dan, bid my anx - ious

bar - ren land; I am weak, but thou art might - y;
 stream doth flow; let the fire and cloud - y pil - lar
 fears sub - side; death of death, and hell's de - struc - tion,

hold me with thy power - ful hand; bread of hea - ven,
 lead me all my jour - ney through; strong de - liv - erer,
 land me safe on Ca - naan's side; songs of prais - es,

bread of hea - ven, feed me now and ev - er -
 strong de - liv - erer, be thou still my strength and
 songs of prais - es, I will ev - er give to

more, feed me now and ev - er - more.
 shield, be thou still my strength and shield.
 thee, I will ev - er give to thee.

Hymn: "Eternal ruler of the ceaseless round"

Blue Hymnal 617

Unison or harmony

1 E - ter - nal Ru - ler of the cease - less round
2 We would be one in ha - tred of all wrong,
3 Oh, clothe us with thy heaven - ly ar - mor, Lord,

of cir - cling plan - ets sing - ing on their way,
one in the love of all things sweet and fair,
thy trust - y shield, thy word of love di - vine;

guide of the na - tions from the night pro - found
one with the joy that break - eth in - to song,
our in - spi - ra - tion be thy con - stant word,

in - to the glo - ry of the per - fect day;
one with the grief that trem - bleth in - to prayer;
we ask no vic - to - ries that are not thine;

rule in our hearts, that we may ev - er be
one in the power that makes thy chil - dren free
give or with - hold, let pain or plea - sure be;

guid - ed and strength - ened and up - held by thee.
to fol - low truth, and thus to fol - low thee.
e - nough to know that we are serv - ing thee.

1. Break thou the bread of life, Dear Lord, to me,
 2. Bless thou the truth, dear Lord, To me, to me,
 3. Teach me to live, dear Lord, On - ly for thee,

1. As thou didst break the loaves Be - side the sea;
 2. As thou didst bless the bread By Gal - i - lee;
 3. As thy dis - ci - ples lived in Gal - i - lee;

1. Be - yond the sa - cred page I seek thee, Lord;
 2. Then shall all bond - age cease, All fet - ters fall,
 3. Then, all my strug - gles o'er, Then, vic - t'ry won,

1. My spir - it pants for thee, O liv - ing word!
 2. And I shall find my peace, My all in all.
 3. I shall be - hold thee, Lord, The liv - ing one.



1 Sing - ing songs of ex - pec - ta - tion, on - ward
 2 One the light of God's own pres - ence, o'er his
 3 One the strain the lips of thou - sands lift as



goes the pil - grim band, through the night of
 ran - somed peo - ple shed, chas - ing far the
 from the heart of one; one the con - flict,



doubt and sor - row, march - ing to the prom - ised land.
 gloom and ter - ror, bright - ening all the path we tread:
 one the per - il, one the march in God be - gun:



Clear be - fore us through the dark - ness gleams and
 one the ob - ject of our jour - ney, one the
 one the glad - ness of re - joic - ing on the



burns the guid - ing light: trust - ing God we
 faith which nev - er tires, one the ear - nest
 far e - ter - nal shore, where the one al -



march to - geth - er step - ping fear - less through the night.
 look - ing for - ward, one the hope our God in - spires.
 might - y Fa - ther reigns in love for ev - er - more.