

Morning Prayer: Rite Two
Wednesday, May 29, 2024
The Feast of the Visitation **May 31**

Officiants: Lois Freeman and Amy Hunter

Officiant 1 The Lord has lifted up the lowly and has filled the hungry with good things. *Luke 1:52-53*

Officiant 2 Blessed is she who believed that the Lord's promise would be fulfilled. *Luke 1:45*

Confession of Sin

Officiant 1 Let us confess our sins to God.

Silence

Officiant 1 God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Officiant 2 Almighty God have mercy on us, forgive us all our sins through the grace of Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. Amen.

The Invitatory and Psalter

Officiant 1 Lord, open our lips.

Officiant 2 And our mouth shall proclaim your praise.

Officiant 1 Glory to the Father, and to the Son, and to the Holy Spirit:

Officiant 2 as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

Officiant 1 The Lord is glorious in his saints:

Officiant 2 Come let us adore him.

Jubilate *Psalm 100* *Said responsively breaking at the half verse*

Be joyful in the Lord, all you lands; *

serve the Lord with gladness

and come before his presence with a song.

Know this: The Lord himself is God; *

he himself has made us, and we are his;

we are his people and the sheep of his pasture.

Enter his gates with thanksgiving; go into his courts with praise; *

give thanks to him and call upon his Name.

For the Lord is good; his mercy is everlasting; *

and his faithfulness endures from age to age.

Officiant 1 The Lord is glorious in his saints:

Officiant 2 Come let us adore him.

Psalm 113

Said responsively breaking at the half verse

Hallelujah! Give praise, you servants of the Lord; *

praise the Name of the Lord.

Let the Name of the Lord be blessed, *

from this time forth for evermore.

From the rising of the sun to its going down *

let the Name of the Lord be praised.

The Lord is high above all nations, *

and his glory above the heavens.

Who is like the Lord our God, who sits enthroned on high *

but stoops to behold the heavens and the earth?

He takes up the weak out of the dust *

and lifts up the poor from the ashes.

He sets them with the princes, *

with the princes of his people.

He makes the woman of a childless house *

to be a joyful mother of children.

Glory to the Father, and to the Son, and to the Holy Spirit: *

as it was in the beginning, is now, and will be for ever.

Amen.

The Lessons

Officiant 1 **A Reading from Paul's Letter to the Romans**

Romans 12:9-16b

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honor. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers.

Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly.

Officiant 1 The Word of the Lord

Officiant 2 Thanks be to God

Canticle **The Song of Hannah**

1 Samuel 2:1-8

Said responsively breaking at the half verse

My heart exults in you, O God; *

my triumph song is lifted in you.

My mouth derides my enemies, *

for I rejoice in your salvation.

There is none holy like you, *

nor any rock to be compared to you, our God.

Do not heap up prideful words or speak in arrogance; *

Only God is knowing and weighs all actions.

The bows of the mighty are broken, *

but the weak are clothed in strength.

Those once full now labor for bread, *

those who hungered now are well fed.

The childless woman has borne sevenfold, *

while the mother of many is forlorn.

God destroys and brings to life, casts down and raises up; *

gives wealth or takes it away, humbles and dignifies.

God raises the poor from the dust; *

and lifts the needy from the ash heap

To make them sit with the rulers *

and inherit a place of honor.

For the pillars of the earth are God's *

on which the whole earth is founded.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

Officiant 2 **A Reading from the Gospel according to Luke**

Luke 1:39-57

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth.

When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her by the Lord."

And Mary said,

"My soul magnifies the Lord,
and my spirit rejoices in God my Savior,
for he has looked with favor on the lowliness of his
servant.
Surely, from now on all generations will call me
blessed;
for the Mighty One has done great things for me,
and holy is his name.
His mercy is for those who fear him
from generation to generation.
He has shown strength with his arm;
he has scattered the proud in the thoughts of
their hearts.
He has brought down the powerful from their
thrones,
and lifted up the lowly;

he has filled the hungry with good things,
and sent the rich away empty.

He has helped his servant Israel,
in remembrance of his mercy,
according to the promise he made to our ancestors,
to Abraham and to his descendants forever."

And Mary remained with her about three months and then returned to her home. Now the time came for Elizabeth to give birth, and she bore a son.

Officiant 2 The Word of the Lord

Officiant 1 Thanks be to God

A Litany for the Feast of the Visitation

Amy B. Hunter

When Elizabeth heard Mary's greeting, the new life within her leapt for joy.

May each of us look for new life in ourselves and in one another.

When Elizabeth heard Mary's greeting, she spoke as a prophet connecting the everyday with the Eternal.

May each of us remember that the divine is at home not in the noise of fame and celebrity but in the radical ordinariness of human lives.

When Elizabeth heard Mary's greeting, she welcomed her and took her in, offering her safety and shelter.

May each of us remember that the divine calls us to recognize and protect our humanness and the humanness of others by offering hospitality and compassion.

When Elizabeth heard Mary's greeting, she rejoiced even more for the gifts and blessings of another.

May each of us celebrate the joys of our own lives and have the capacity to rejoice for the blessings others receive.

The Apostles' Creed

Officiant 1

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only son, our Lord.

He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.

He suffered under Pontius Pilate,
was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,
and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers

Officiant 2 The Lord be with you.

Officiant 1 And also with you.

Officiant 2 Let us pray.

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Suffrages B

V. Save your people, Lord, and bless your inheritance;
R. **Govern and uphold them, now and always.**
V. Day by day we bless you;
R. **We praise your Name for ever.**
V. Lord, keep us from all sin today;
R. **Have mercy on us, Lord, have mercy.**
V. Lord, show us your love and mercy;
R. **For we put our trust in you.**
V. In you, Lord, is our hope;
R. **And we shall never hope in vain.**

Officiant 1 Father in heaven, by your grace the virgin mother of your incarnate Son was blessed in bearing him, but still more blessed in keeping your word: Grant us who honor the exaltation of her lowliness to follow the example of her devotion to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

The Collect of the Day

Officiant 2 God of the humble and expectant, you bless those who believe when you promise; help us, like Mary and Elizabeth, simply to delight in the good things you prepare for us, to say, 'Yes.' Praise to you our God; you answer prayer. Amen.

The Collect of the Day, A New Zealand Prayer Book

Officiant 1 O God, the King eternal, whose light divides the day from the night and turns the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness during the day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. Amen.

A Collect for the Renewal of Life

Officiant 2 Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. Amen.

Prayer for Mission

The Peace and Greetings

Officiant 2 The Peace of the Lord be always with you.

Officiant 1 **And also with you**

The worshippers exchange the Peace and greet one another.

One of the Officiants prays Thanksgivings and Intercessions shared in Chat.

Closing Prayers

Officiant 2 Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

The General Thanksgiving

Officiant 1 Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. Amen.

A Prayer of St. Chrysostom

Officiant 1 Let us bless the Lord.

Officiant 2 Thanks be to God.

Officiant 1 Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. Amen.

Ephesians 3:20, 21