

**Morning Prayer: Rite Two**  
**Wednesday, May 15, 2024**  
**Pachomius of Tabenissi**  
**Monastic, 348**

Officiants: Linda Masiello and Lynne McSheehy

*Officiant 1* Jesus prayed, 'Holy Father, protect them in your name that you have given me, so that they may be one, as we are one.'

*John 17:11*

*Officiant 2* You shall receive power when the Holy Spirit has come upon you; and you shall be my witnesses in Jerusalem, and in all Judea, and Samaria, and to the ends of the earth. *Acts 1: 8*

**The Invitatory and Psalter**

*Officiant 1* Lord, open our lips.

*Officiant 2* And our mouth shall proclaim your praise.

*Officiant 1* Glory to the Father, and to the Son, and to the Holy Spirit:

*Officiant 2* as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

*Officiant 1* Alleluia. Christ the Lord has ascended into heaven:

*Officiant 2* Come let us adore him. Alleluia.

**Christ our Passover** *Said responsively breaking at the half verse*  
*1 Corinthians 5:7-8; Romans 6:9-11; 1 Corinthians 15:20-22*

Alleluia. Christ our Passover has been sacrificed for us; \*  
**therefore let us keep the feast,**  
Not with the old leaven, the leaven of malice and evil, \*  
**but with the unleavened bread of sincerity and truth.**  
**Alleluia.**

Christ being raised from the dead will never die again; \*  
**death no longer has dominion over him.**  
The death that he died, he died to sin, once for all; \*  
**but the life he lives, he lives to God.**  
So also consider yourselves dead to sin, \*  
**and alive to God in Jesus Christ our Lord. Alleluia.**

Christ has been raised from the dead, \*  
**the first fruits of those who have fallen asleep.**  
For since by a man came death, \*  
**by a man has come also the resurrection of the dead.**  
For as in Adam all die, \*  
**so also in Christ shall all be made alive. Alleluia.**

*Officiant 1* Alleluia. Christ the Lord has ascended into heaven:

*Officiant 2* Come let us adore him. Alleluia.

## Psalm 16

*Said responsively breaking at the half verse*

Protect me, O God, for I take refuge in you; \*

**I have said to the Lord, "You are my Lord,  
my good above all other."**

All my delight is upon the godly that are in the land, \*

**upon those who are noble among the people.**

But those who run after other gods \*

**shall have their troubles multiplied.**

Their libations of blood I will not offer, \*

**nor take the names of their gods upon my lips.**

O Lord, you are my portion and my cup; \*

**it is you who uphold my lot.**

My boundaries enclose a pleasant land; \*

**indeed, I have a goodly heritage.**

I will bless the Lord who gives me counsel; \*

**my heart teaches me, night after night.**

I have set the Lord always before me; \*

**because he is at my right hand I shall not fall.**

My heart, therefore, is glad, and my spirit rejoices; \*

**my body also shall rest in hope.**

For you will not abandon me to the grave, \*

**nor let your holy one see the Pit.**

You will show me the path of life; \*

**in your presence there is fullness of joy,**

**and in your right hand are pleasures for evermore.**

Glory to the Father, and to the Son, and to the Holy Spirit: \*

**as it was in the beginning, is now, and will be for ever.**

**Amen.**

## The Lessons

*Officiant 1* **A Reading from the 2<sup>nd</sup> Letter to Timothy**

*2 Timothy 2:1-6*

You then, my child, be strong in the grace that is in Christ Jesus; and what you have heard from me through many witnesses entrust to faithful people who will be able to teach others as well. Share in suffering like a good soldier of Christ Jesus. No one serving in the army gets entangled in everyday affairs; the soldier's aim is to please the enlisting officer. And in the case of an athlete, no one is crowned without competing according to the rules. It is the farmer who does the work who ought to have the first share of the crops.

*Officiant 1* The Word of the Lord

*Officiant 2* Thanks be to God

Canticle **A Song of Our True Nature** *Julian of Norwich*  
*Said responsively breaking at the half verse*

Christ revealed our frailty and our falling, \*  
**our trespasses and our humiliations.**

Christ also revealed his blessed power, \*  
**his blessed wisdom and love.**

He protects us as tenderly and as sweetly when we are in greatest need; \*

**he raises us in spirit  
and turns everything to glory and joy without ending.**

God is the ground and the substance, the very essence of nature; \*  
**God is the true father and mother of natures.**

We are all bound to God by nature, \*  
**and we are all bound to God by grace.**

And this grace is for all the world, \*  
**because it is our precious mother, Christ.**

For this fair nature was prepared by Christ for the honor and nobility of all, \*

**and for the joy and bliss of salvation.**

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
**as it was in the beginning, is now, and will be for ever.**  
**Amen.**

*Officiant 2* **A Reading from the Gospel according to Matthew**  
*Matthew 6:24-33*

Jesus said, “No one can serve two masters; for a slave will either hate the one and love the other, or be devoted to the one and despise the other. You cannot serve God and wealth.

“Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? Therefore do not worry, saying, ‘What will we eat?’ or ‘What will we drink?’ or ‘What will we wear?’ For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well.

*Officiant 2* The Word of the Lord

*Officiant 1* Thanks be to God

## The Apostles' Creed

*Officiant 1*

I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, his only son, our Lord.

He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.

He suffered under Pontius Pilate,  
was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,  
and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

## The Prayers

*Officiant 2* The Lord be with you.

*Officiant 1* And also with you.

*Officiant 2* Let us pray.

*Officiant 2*

Our Father, who art in heaven,  
hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those

who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,

for ever and ever. Amen.

## Suffrages (from *Enriching Our Worship*)

V. Help us, O God our Savior;

R. **Deliver us and forgive us our sins.**

V. Look upon your congregation;

R. **Give to your people the blessing of peace.**

V. Declare your glory among the nations;

R. **And your wonders among all peoples.**

V. Do not let the oppressed be shamed and turned away;

R. **Never forget the lives of your poor.**

V. Continue your loving-kindness to those who know you;

R. **And your favor to those who are true of heart.**

V. Satisfy us by your loving-kindness in the morning;

R. **So shall we rejoice and be glad all the days of our life.**

*Officiant 1* Set us free, O God, from all false desires, vain ambitions, and everything that would separate us from your love; that, like your servant Pachomius, we might give ourselves fully to a life of discipleship, seeking you alone and serving those whom you have given us to serve; through Jesus Christ, our only mediator and advocate. Amen. *The Collect for the Day*

*Officiant 2* Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. *Amen.*  
*A Collect for Grace*

*Officiant 1* Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. *Amen.*  
*Prayer for Mission*

### **The Peace and Greetings**

*Officiant 2* The Peace of the Lord be always with you.

*Officiant 1* **And also with you**

The worshippers exchange the Peace and greet one another.

*One of the Officiants prays Thanksgivings and Intercessions shared in Chat.*

### **Closing Prayers**

*Officiant 2* Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. *Amen.*

*The General Thanksgiving*

*Officiant 1* Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. *Amen.*

*A Prayer of St. Chrysostom*

*Officiant 1* Let us bless the Lord. Alleluia, alleluia.

*Officiant 2* Thanks be to God. Alleluia, alleluia.

*Officiant 1* The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen.  
*2 Corinthians 13:14*